



BUDDHIST SUMMER SCHOOL 2013

12-17 JANUARY 2013

MAITRIPA CENTRE, HEALESVILLE

A rich tapestry of traditions and practices has been woven by various Asian cultures around the essence of the teachings of Shakyamuni Buddha, who lived 2,500 years ago. The enduring nature of Buddhism is symptomatic of its purity and integrity as a spiritual discipline and remains contemporary in its methods of self development. Over the past several decades, Westerners have begun to learn from, and participate in, this diversity and essence.

As part of its commitment to disseminate the Buddhist teachings, Kagyü E-Vam Buddhist Institute conducts the annual Buddhist Summer School as a vehicle of enquiry and learning. The popularity of the Buddhist Summer School is an indication of the developing range and depth of interest in Buddhism among Australians. This is reflected in enrolments of over 20,000 since the inception of the event in 1984. In acknowledgment of this, we continue to host distinguished Buddhist scholars and teachers from around Australia and overseas.

This thirtieth Buddhist Summer School offers a stimulating variety of courses in both theoretical and experiential Buddhism, meditation instruction based on a number of traditions, as well as courses in comparative philosophy and psychology.

Book online at <http://www.trybooking.com/CBWM>

Presented by



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OPENING FORUM

The opening forum is an opportunity to hear teachers from the various Buddhist traditions, as well as visiting academics and psychologists engage in discussion of one of life's big questions. There will also be the opportunity for audience members to ask questions. It is free of charge and is not restricted to those who have enrolled in the Summer School.

VISITING INTERNATIONAL TEACHERS

THE FOUR PRINCIPLES OF MINDFULNESS IN MEDITATION

Khenpo Orgyen Chowang Rinpoche

This teaching highlights four specific areas to focus one's attention on during formal meditation practice: Mindfulness of Body, Mindfulness of Feeling, Mindfulness of Mind, and finally Mindfulness of Reality. By exploring these four principles we are able to achieve relaxation, inner peace, and happiness as well as free ourselves from negative thoughts, emotions, and distortions, while ultimately achieving true and complete enlightenment. During these teachings Orgyen Chowang Rinpoche will provide instructions on how to experience the true nature of reality through using these four traditional forms of meditation.

3 units

Saturday & Sunday mornings – Lecture Hall 1

THE GREAT DZOGCHEN MASTER LONGCHENPA'S VERSION OF THE FOUR PRECIOUS LINES OF DHARMA

Khenpo Orgyen Chowang Rinpoche

The entire spiritual path, from the beginning stage of an ordinary person all the way through to complete enlightenment, is described in these four precious lines. The first line provides a description of how to turn one's mind toward the spiritual path. The second line illustrates how to ensure that one's spiritual practice follows the right path. The third describes how the spiritual path can liberate one from one's own distortions and negative emotions. The fourth and final line illustrates how all experiences and distorted states of mind can arise as enlightened awareness.

4 units

Monday & Tuesday mornings – Lecture Hall 1

Khenpo Orgyen Chowang Rinpoche is a meditation master in the Nyingma lineage of the Buddhist tradition. He studied for ten years at Larung Gar in Serta, eastern Tibet, with his teacher, the great Jigmed Phuntsok Rinpoche, who is widely acknowledged as one of the greatest Dzogchen masters of the 20th century. Orgyen Chowang Rinpoche lives in the San Francisco Bay Area and is the founder and spiritual director of Atiamrita (www.atiamrita.org), an organisation dedicated to promoting happiness, inner peace, and enlightenment. He offers seminars and lectures throughout North America and is currently completing work on his first book.

ART IN EVERYDAY LIFE: AN INTRODUCTION TO THE PRACTICE OF DHARMA ART

Sam Bercholz

Genuine art has the power to awaken and liberate. Chögyam Trungpa, the renowned Tibetan Buddhist teacher, called this type of art "dharma art"—any creative work that springs from an awakened state of mind characterised by

directness, unselfconsciousness, and nonaggression. This hands-on course will explore how the principles of dharma art extend to everyday life; any activity can provide an opportunity to relax and open our senses to the phenomenal world. Included will be exercises in the visual arts and poetry. Suggested reading: *True Perception: The Path of Dharma Art* by Chögyam Trungpa.

4 units

Saturday & Sunday afternoons – Lecture Hall 1

ZEN AND TANTRA

Sam Bercholz

This course will explore the history and teachings of both the Zen tradition of China, Japan and Korea and the Indo-Tibetan Tantric Buddhist tradition. The similarities and differences will be explored and discussed. In addition there will be teaching stories retold from the two traditions and an exposition of the two traditions meeting in North America in the late twentieth century. There will also be a presentation of the life and teaching methods of two great masters from each tradition who have had an effect on the development of Buddhism in the West, Shunryu Suzuki-roshi and Taizen Maezumi-roshi from the Zen tradition and Chogyam Trungpa Rinpoche and Thinley Norbu Rinpoche from the Tantric tradition. Suggested Reading: *The Teacup and The Skullcup* by Chogyam Trungpa, edited by David Schneider and Judy Lief.

4 units

Wednesday & Thursday AM – Lecture Hall 1

Sam Bercholz is a senior teacher in the Nyingma, Kagyu, and Shambhala lineages of Chogyam Trungpa Rinpoche and has taught dharma extensively throughout North America, Europe and Australasia for the past forty years. He was trained and empowered to teach by the great Tibetan Buddhist masters, Chogyam Trungpa Rinpoche and Thinley Norbu Rinpoche. He is the founder of Shambhala Publications.

TEACHINGS FROM THE RICH VARIETY OF BUDDHIST TRADITION

ON THE EIGHT REALISATIONS OF A GREAT ONE

Ekai Korematsu Osho

This course will introduce students to the Hachi Dainingaku, translated as 'On the Eight Realisations of a Great One' from Dogen Zenji's famous text the Shobogenzo. This text is said to be the last that Zen Master Dogen wrote before his death in 1253, and includes many quotes from Buddha. The course is suitable for everyone interested in Zen Buddhism including beginners as well as those who have practiced Zen or another Buddhist tradition for some time.

Ekai Korematsu Osho is resident teacher of Jikishoan Zen Community in Melbourne. He is a transmitted teacher in the lineage of the Soto Zen tradition in Japan and has taught meditation in Japan, India and the USA for over 30 years. Since 1997 he has been a Faculty Member of Antioch University, USA, for Education Abroad Buddhist Studies Program.

4 units

Saturday & Sunday afternoons – Lecture Hall 2



TEN BULLS, TEN BHUMIS

Venerable Chi Kwang Sunim

Ten Bulls is said to be a Zen interpretation of the ten bhumis. The ten bhumis being stages in the enlightenment of a bodhisattva. The first stage arises from the true recognition of sunyata, pure joy. Illumination and so forth follow, evolving to the immovable, then to the great powers of wisdom, making dharma rain. The ox herding teaching depicts stages evolving from the wilderness of an untrained mind (the bull), aimlessly wandering until stumbling upon footprints (dharma). Great effort, struggles and endurance follow in finding, catching and training the bull, eventually leading to transcending the source, returning to the market place and spreading seeds of enlightenment.

When Venerable Chi Kwang Sunim first observed the ten ox herding pictures covering walls of ancient Korean temples, it was clear that the point of the story was not to become the bull but to train it. In this course participants will investigate the stages of meditation and discover what nurtures mutual and supportive practices in our lives. This may alleviate some of the struggle and illuminate what transforms and transcends our path.

Venerable Chi Kwang Sunim has been a Korean Zen (Seon) Buddhist nun for 33 years. Before going to Korea in the late 70's she was a founding member of Wat Buddha Dharma with Khantipalo and Ayya Khemma and later co-founded the Buddhist Library of NSW. In Korea she trained 20 years under many great Zen Masters and scholars, living in various monasteries and meditation halls, including years in a hermitage she built in Songkwang Sa. Since returning to Australia in 1998 she founded the Seon Center, later moving it from Daylesford to a forest in Kinglake. Venerable Chi Kwang is known for her engagement in Buddhist, monastic and interfaith circles and has chaired the Buddhist Council of Victoria and the Australian Sangha Association.

3 units
Saturday & Sunday mornings – Lecture Hall 2

INDONESIAN SUTRA DANCE

Rasa Manson and Sulastri Lombardo

The practice of sutra dance promotes healing and wellbeing through rhythm, dance and deportment. Using specific movements that work on the meridians and energy channels in the body, this practice assists in awakening and developing passion and joy. Introduced to the West by H.E. Prince Ratu Pandji Sakti, this course will teach participants the core movements of the practice. We will learn to dance with feeling, using rhythm and beats from a wide variety of music. No previous dance experience is required and all levels are welcome

Rasa Manson studied with the late H.E. Prince Ratu Pandji Pandita and also with Princess Maitrie of the King Pandji Sakti Vajrayana Buddhist Lineage of Indonesia at their Melbourne centre since 1999. She has been practicing sutra dance for more than 10 years. In recent years Rasa has also studied Buddhism under the guidance of Traleg Kyabgon Rinpoche.

Sulastri Lombardo is a visual arts teacher and photographer who has a passion for the visual arts, music and dance. She was introduced to sutra dance whilst studying with the late H.E. Prince Ratu Pandji Pandita Ratu. Sulastri fell in love with its unique qualities and it's ability to help heal and transform the body, mind and spirit and has subsequently practiced and taught sutra dance for the past 10 years in and around Melbourne.

4 units
Monday & Tuesday mornings – Lecture Hall 2

FINDING BUDDHISM THROUGH OUR EXPERIENCE

Dr Kathleen Gregory

Buddhism contains neither hypotheses nor partial truths when it comes to the potential for human beings to be perfected in the state of enlightenment. Nor is Buddhism premised on a notion that we need to reject certain experiences as being invalid or outside the spiritual domain. The Buddhist view in fact integrates the 'whole truth' of the experiences available to human beings. When we embrace this truth, we can feel encouraged in ourselves and confident that in fact we have the means to be who we want to be. Incorporating lectures, meditation and contemplative exercises this course considers key Buddhist principles and practices as 'applied' to our lived experience.

Dr Kathleen Gregory is a psychologist, academic, and a Buddhist practitioner for over sixteen years. She has an MA in Psychoanalytic Studies and a PhD in Comparative Philosophy. She coordinates the Master of Counselling program at La Trobe University, works in private practice, and has been a regular presenter at E-Vam Institute on Buddhism and psychotherapy.

4 units
Monday & Tuesday afternoons – Lecture Hall 2

THE LIFE OF THE BUDDHA: LEGENDS AND TEACHINGS

Dr Peter Friedlander

This course looks at the stories about the life of the Buddha that have been celebrated for two and half millennia in Asia. The focus is on exploring the traditional accounts of the lives of the Buddha and how they are also vehicles for expressing the teachings of the Buddha. We start by unpacking ideas about the life of the Buddha in relation to story telling and teaching traditions in ancient India linked to the sites associated with the Buddha. This is followed by an examination of how these stories spread from India into Asia and interacted with different cultures to produce a rich tapestry of life stories of the Buddha and Buddhist teachings. The course will include opportunities to learn more about the lives of the Buddha and to consider ways in which story telling, art, music and literature have contributed to the development of the stories of the Buddha and his teachings known today around the world.

Peter has been studying India and its cultures and religions since the 1970's when he first travelled to India and Asia and encountered Buddhist traditions. He has taught about the languages and religions of India since 1990 in India, Singapore and Australia. He was lecturer in Hindi and Buddhist studies at La Trobe University from 1996 to 2012 and is taking up a position at ANU in January 2013. His recent publications include: 'Before Translation?' in Ronit Ricci & Jan van der Putten (eds.), *Translation in Asia*, UK & Kinderhook, NY: St Jerome Publishing (2011). 'The Body and World in Buddhism', in *Medicine, Religion, and the Body*, Edited by Elizabeth Burns Coleman, and Kevin White, Brill: Leiden (2010)..

4 units
Wednesday & Thursday afternoons – Lecture Hall 1



INTRODUCTORY COURSES

INTRODUCTION TO BUDDHIST PHILOSOPHY

Garrie O'Toole

This course will provide an overview of the fundamental concepts common to all Buddhist traditions such as karma, rebirth, the nature of suffering, and the possibility of overcoming the causes of suffering. We will look at the Buddhist understanding of the spiritual path and how we can develop the tools needed to progress on that path. The course will also introduce the concept of the three vehicles in Buddhist philosophy known as 'yanas' and provide an overview of the Hinayana, Mahayana and Vajrayana Buddhist traditions. Suggested reading: *The Essence of Buddhism* by Traleg Kyabgon, Shambhala Publications.

4 units

Monday & Tuesday afternoons – Lecture Hall 1

INTRODUCTION TO BUDDHIST MEDITATION

Garrie O'Toole

This course will introduce the basic theory and practice of meditation as practiced in the Kagyu tradition of Tibetan Buddhism. We will explore issues of posture, mental attitude, obstacles to meditation and their antidotes as well as commonly experienced stages along the path. The course will introduce a number of difference meditation techniques including Tranquil Abiding meditation and Insight (Vipassana) meditation. The course involves discussion and practical exercises.

4 units

Wednesday & Thursday mornings – Lecture Hall 2

Garrie O'Toole has been involved in Buddhist practice and study since 1978. He has been a student of Traleg Kyabgon Rinpoche for over twenty years and is a meditation instructor at E-Vam Institute. He has also completed a Master of Arts degree in Buddhist Studies.

PEACE AND THE MEANS TO IT

Venerable Joseph Tassone

Introducing the Buddha's advice on what peace is and how to achieve it. These series of talks will follow the Buddha's teachings on the Four Noble Truths. The Four Noble Truths were taught in the Buddha's first teaching. The first truth points out states of existence in which we experience recurring problems – what we don't want. These experiences that bring pain, loss, dissatisfaction and discontent will be explored. When we are bound to such states, we are far from true and lasting peace. In the second truth we find what the causes of these unsatisfactory states are. The primary source is pinpointed as being our very own mind. In the third truth, the possibility of being liberated from such states will be explored. The state of nirvana that is free of suffering is said to be a state of lasting peace and bliss - what we want. The Buddha presented this as being a realistic goal to aspire to. The fourth truth is the means to stop the causes and achieve this lasting peace. The primary source in developing this path is our mind.

Joseph Tassone is a Buddhist monk and practitioner in the Gelugpa tradition of Tibetan Buddhism. He was a student of Venerable Geshe Acharya Thubten Loden for over ten years. He teaches in the community and is a regular teacher and director at the Tibetan Buddhist Society's Peaceful Land of Joy centre.

4 units

Wednesday & Thursday afternoons – Lecture Hall 2

BUDDHIST SUMMER SCHOOL PROGRAM TIMETABLE

	Saturday 12th	Sunday 13th	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th
9-30am-11am	Lecture Hall 1 Opening Forum	Four Principles of Mindfulness in Meditation Khenpo Orgyen Rinpoche	Longchenpa's Version of The Four Precious Lines of Dharma Khenpo Orgyen Rinpoche	Longchenpa's Version of The Four Precious Lines of Dharma Khenpo Orgyen Rinpoche	Zen and Tantra Sam Bercholz	Zen and Tantra Sam Bercholz
	Lecture Hall 2	Ten Bulls, Ten Bhumis Ven. Chi Kwang Sunim	Indonesian Sutra Dance Rasa Manson & Sulastri Lombardo	Indonesian Sutra Dance Rasa Manson & Sulastri Lombardo	Introduction to Buddhist Meditation Garrie O'Toole	Introduction to Buddhist Meditation Garrie O'Toole
11.30am-1pm	Lecture Hall 1 Four Principles of Mindfulness in Meditation Khenpo Orgyen Rinpoche	Four Principles of Mindfulness in Meditation Khenpo Orgyen Rinpoche	Longchenpa's Version of The Four Precious Lines of Dharma Khenpo Orgyen Rinpoche	Longchenpa's Version of The Four Precious Lines of Dharma Khenpo Orgyen Rinpoche	Zen and Tantra Sam Bercholz	Zen and Tantra Sam Bercholz
	Lecture Hall 2 Ten Bulls, Ten Bhumis Ven. Chi Kwang Sunim	Ten Bulls, Ten Bhumis Ven. Chi Kwang Sunim	Indonesian Sutra Dance Rasa Manson & Sulastri Lombardo	Indonesian Sutra Dance Rasa Manson & Sulastri Lombardo	Introduction to Buddhist Meditation Garrie O'Toole	Introduction to Buddhist Meditation Garrie O'Toole
2pm-3.30pm	Lecture Hall 1 Art in Everyday Life: An Introduction to the Practice of Dharma Art Sam Bercholz	Art in Everyday Life: An Introduction to the Practice of Dharma Art Sam Bercholz	Introduction to Buddhist Philosophy Garrie O'Toole	Introduction to Buddhist Philosophy Garrie O'Toole	The Life of the Buddha: Legends and Teachings Dr Peter Friedlander	The Life of the Buddha: Legends and Teachings Dr Peter Friedlander
	Lecture Hall 2 On the Eight Realisations of a Great One Ekai Korematsu Osho	On the Eight Realisations of a Great One Ekai Korematsu Osho	Finding Buddhism through our Experience Dr Kathleen Gregory	Finding Buddhism through our Experience Dr Kathleen Gregory	Peace and the Means to It Ven. Joseph Tassone	Peace and the Means to It Ven. Joseph Tassone
4pm-5.30pm	Lecture Hall 1 Art in Everyday Life: An Introduction to the Practice of Dharma Art Sam Bercholz	Art in Everyday Life: An Introduction to the Practice of Dharma Art Sam Bercholz	Introduction to Buddhist Philosophy Garrie O'Toole	Introduction to Buddhist Philosophy Garrie O'Toole	The Life of the Buddha: Legends and Teachings Dr Peter Friedlander	The Life of the Buddha: Legends and Teachings Dr Peter Friedlander
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FURTHER INFORMATION & BOOKINGS

Please go to www.trybooking.com/CBWM to book online or call E-Vam Institute office on 03 9387 0422 (\$5 manual booking fee applies when booking via E-Vam Office)

- Costs: half day pass: \$45, full day pass: \$85, full summer school: \$480 (\$450 early bird prior to 20th December)
Opening Forum: no cost, Saturday pass: \$70, Saturday morning: \$30, Saturday afternoon: \$45
- The early bird discount applies for full program bookings made by 20th December 2012. This discount is automatically applied online.
- A 10 % discount applies for full members and associate members of Kagyu E-Vam Buddhist Institute, as well as full time students and concession cardholders. To obtain the discount when booking online, enter the word 'concession' as the 'promotion code' at the checkout and remember to bring proof of your concession status such as a student or healthcare card when you attend the Buddhist Summer School.
- Session times are mornings: 9.30am to 11.00am & 11.30am to 1.00pm, and afternoons: 2.00pm to 3.30pm & 4.00pm to 5.30pm.
- Coffee, cakes and a full menu are available at Dogen's Café onsite at Maitripa Centre.
- Shabda Books will be open, with a variety of books on Buddhism, Psychology and related topics.
- All course offerings are subject to change without notice at the discretion of the Summer School organisers.

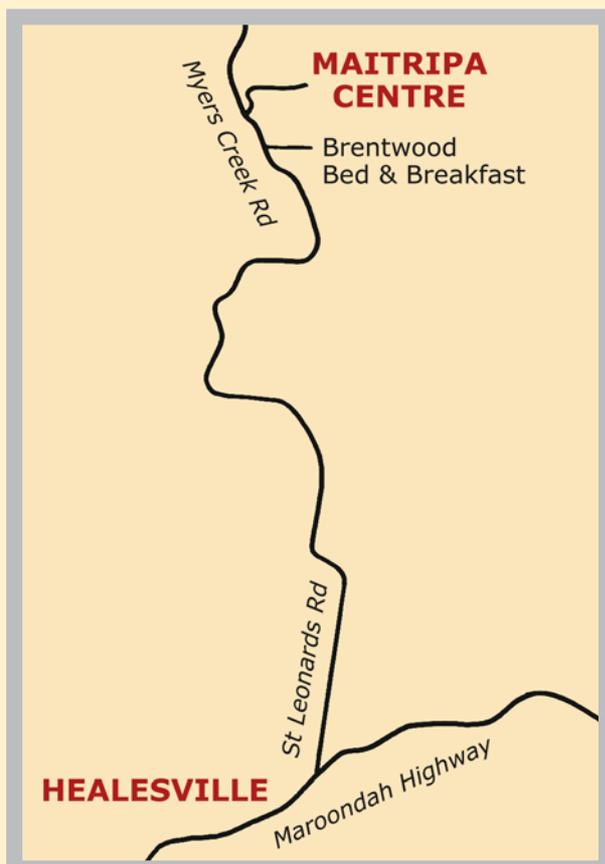
ACCOMMODATION

Newly renovated and refurbished accommodation is available at Maitripa Centre for Summer School participants. This will be allocated on a first-in, first-served basis with preference to those attending the whole summer school. Accommodation costs are: Single room \$ 45.95, Double room \$91.90, Dorm room \$44.95. Please book early to avoid disappointment.

CANCELLATION POLICY

Cancellations must be received in writing prior to 4 January 2013. If a refund is approved this will be given minus 20% of the course price.

DIRECTIONS FOR TRAVELLING TO MAITRIPA CENTRE



Melway Map 270C1

From Healesville, turn into St. Leonards Road, which becomes Myers Creek Road. Maitripa is number 528, 6.5kms from the turnoff on the right.

For further directions phone 03 9387 0422

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