



BUDDHIST SUMMER SCHOOL 2018

13-16 JANUARY

A rich tapestry of traditions has been woven by Asian cultures around the essence of the teachings of the Buddha, who lived 2500 years ago. The enduring nature of Buddhism is symptomatic of its integrity as a spiritual discipline. Over the past several decades Westerners have begun to learn from and participate in the diversity and essence of Buddhism.

Over the 35 years since its founding, the annual Buddhist Summer School has become one of the foremost gatherings in Australia for Buddhists from various traditions to discuss and explore relevant topics, bringing insight and practical advice from each tradition. The 35th annual Buddhist Summer School will offer courses on Buddhist philosophy, practice and psychology by esteemed teachers.

Ph: 03 9387 0422 info@evaminstitute.org www.evaminstitute.org



OPENING FORUM

The opening forum is an opportunity to hear all the Summer School speakers engage in discussion of one of life's big questions. There will be an opportunity for audience members to ask questions.

1 unit

9.30am-11am Saturday – Lecture Hall 1

THE POWER OF PRISTINE MIND

Orgyen Chowang Rinpoche

Join renowned meditation master Orgyen Chowang Rinpoche for this special program exploring the pristine nature of the mind. Rinpoche will guide participants in how to distinguish between ordinary mind, with its thoughts, feelings and mental events, and Pristine Mind, a deep inner refuge that we can access at any time. Using simple language based on teachings from his book, *Our Pristine Mind: A Practical Guide to Unconditional Happiness*, Rinpoche will provide precise, experiential instructions drawn from the Dzogchen mind-class teachings that make this life-transforming realization attainable for all. These teachings are deeply relevant whether we are just seeking a happier life or are pursuing the spiritual journey all the way to enlightenment.

4 units

Saturday, Sunday, Monday & Tuesday morning – Lecture Hall 1

Orgyen Chowang Rinpoche is a meditation master in the Nyingma lineage of the Buddhist tradition. He studied for nine years at Larung Gar in Serta, Eastern Tibet, with his teacher, Jigme Phuntsok Rinpoche, who is widely acknowledged as one of the greatest Dzogchen meditation masters of the twentieth century. A long-time resident of the San Francisco Bay Area, Orgyen Chowang Rinpoche is the founder and spiritual director of Pristine Mind Foundation and the author of *Our Pristine Mind: A Practical Guide to Unconditional Happiness*.

EMOTIONS, NEGATIONS & LIBERATION THROUGH THE TEACHINGS OF LONGCHENPA

Dr Gidi Ifergan

This course will look at the life and teachings of Longchenpa, the famous 14th century Tibetan scholar and teacher. Gidi will attempt to present a portrait of Longchenpa from a historic perspective rather than from a traditional one shedding light on two themes of Longchenpa's teachings. The first is the intriguing rhetoric of negation that aims to dismantle all mental processes and empty the mind of distraction, but which also goes on to negate spiritual practice itself. This can be perplexing for Dzogchen practitioners. How are we to understand and apply such negation? The second theme concerns the psychological methods that are

offered by Longchenpa to dissolve our repetitive behaviours or the habitual tendencies (bag chags) that are composed of emotions, sensations, and thoughts. Emotions and feelings are usually not discussed in Dzogchen texts. As the psychological discourse of therapy has become more and more dominant in our life, it might be helpful to look at what Longchenpa's methods might offer for our psychological well-being.

4 units

Saturday, Sunday, Monday & Tuesday afternoon – Lecture Hall 1

Dr Gidi Ifergan is a researcher at the Centre for Religious Studies, Monash University. Gidi's main areas of research are Indian philosophy and classic and Tibetan Buddhism, with a current focus on subliminal imprints (Samskaras) aka habitual tendencies, in the psychology of classical Yoga and Dzogchen. Gidi completed his MA in Religious Studies at Tel-Aviv University and a PhD at Monash University. Gidi is the author of *The Man from Samyé: Longchenpa on Praxis, its Negation and Liberation* (Aditya Prakashan, 2014); and *Thought and Practice in the Psychology of Yoga* (Resling, forthcoming); is a certified, experienced yoga and meditation teacher (VIYETT); has studied traditional yoga and meditation in Varanasi, India (1996-2002); and has participated in Dzogchen annual retreats since 1992 with Professor Chogyal Namkhai Norbu.

'BEING A CONNOISSEUR OF THE HEART' AS A BUDDHIST PRACTICE

Ven Dr Buddharakkhita

Getting in touch with and mastering skillful emotions/feelings is foundational to developing wisdom in daily life through the Buddhist teachings. In this course, Ven. Dr Buddharakkhita will guide participants in samadhi (stillness) and insight meditations that cultivate inquiry (Vicaya) and reflection (Anumana), which along with practical exercises can be used as tools to develop the skills needed to be a connoisseur of the heart.

2 units

Saturday & Sunday morning – Lecture Hall 2

Irish born Ven Dr Buddharakkhita BSc, PhD, has practiced extensively in lay life, as a full-time meditator and since first robing in 2006 in the Theravada Forest Tradition. Bhante has more than 20 years working, practice and teaching in Asia, Australia and Ireland. His teaching has been well received here in Australia since 2010 by children, youth, prisoners, workers, chronically ill, dedicated practitioners, and in multicultural settings.



ON A PICTURE OF A PAINTED RICE CAKE (GABYO)

From Shobogenzo by Zen Master Dogen

Ekai Korematsu Osho

'In sum, to be satisfied with being hungry, to be satisfied with not being hungry, not to satisfy one's hunger, and not to satisfy one's not being hungry – all these would be impossible and inexpressible were it not for an image of hunger.' In this chapter of Shobogenzo, Dogen Zenji explores the saying by Zen Master Kyogen that "A Picture of a Rice Cake cannot satisfy one's hunger." Ekai Osho will address these matters and poses the question 'what is your hunger?'

2 units

Saturday & Sunday afternoon – Lecture Hall 2

ZEN MIND, BEGINNERS MIND

For an Introduction to Zen Meditation and Practice

Ekai Korematsu Osho

Shunryu Suzuki Roshi successfully introduced Zen meditation to the United States in the middle of the 20th century. His influence was immeasurable and transformed the lives of countless people in the West. "Our understanding of Buddhism is not just an intellectual understanding. True understanding is actual practice itself" Using Suzuki Roshi's teaching as a reference, Ekai Osho will conduct an introductory Zen meditation course with 4 classes as an orientation for new-comers and refreshment for experienced practitioners. It includes instruction in the Zen forms of meditation – bowing, sitting and walking meditations (Zazen and Kinhin). In the first half of each session Ekai Osho will focus on actual practice of these three essential forms, while in the second half he will draw on the text, Zen Mind, Beginner's Mind, for discussion emphasising direct understanding of the practice.

2 units

Monday & Tuesday afternoon – Lecture Hall 2

Ekai Korematsu Osho is the main teacher and Director of Jikishoan's Training and Buddhist Studies Program. Born in Japan in 1948, he studied humanities and Buddhism in Denmark and the USA. He was ordained as a monk by Kobun Chino Roshi at Haiku Zendo, Los Altos, in 1976. He received dharma transmission from Ikko Narasaki Roshi at Zuioji Monastery in 1986. His formal training was twelve years at three monasteries, Eihei-ji, Zuioji and Shogoji. His Buddhist education is through Soto Zen Buddhism. Ekai Osho has been serving as Abbot and Resident Teacher of Jikishoan in Melbourne since its inception in 1999.

A MEDITATIVE OVERVIEW OF THE BUDDHA'S PATH: Using Our Meditation Practice, Empowered with Joy, to Develop the Path to Awakening
Venerable Nissarano

Our formal meditation, in any posture, is a training or reconditioning of our minds so we can travel the Path to Enlightenment and live our daily lives more skillfully and happily. In this course, we will explore a brief overview of the Path, often described as: giving (dana), ethical behaviour (sila) and mental cultivation (bhavana). Using guided meditations we will deepen our understanding of these key elements of Buddhism. In order to do this we will focus on developing joy/happiness to enhance our meditation practice.

2 units

Monday & Tuesday morning – Lecture Hall 2

Venerable Nissarano was born in Perth in 1952. From an early age he has been interested in spiritual practices, and has been involved with a number of different traditions. In 1983 he encountered Buddhism at a Tibetan Buddhist meditation retreat, and, subsequently, he met Ajahn Brahm and Ajahn Jagaro at the Buddhist Society of Western Australia. After spending six months in 1994 at Ajahn Brahm's Monastery in Serpentine, W.A., he felt a strong pull to seek ordination. In 1997, he was ordained as a novice monk and a year later he took full ordination. This year is his 20th year as a fully ordained Buddhist monk. The most important influences for him have been the teachings of Ajahn Brahm, Ajahn Jagaro, Ayya Khema, Sayadaw U Tejaniya, and Bhante G. In June 2006, he travelled to Sri Lanka and has been staying there ever since. For the past 7 years he has been living in a cave on the side of a mountain, surrounded by forest, with views to the paddy fields below, and going for alms round daily to the village below. He returns to Australia periodically to teach.



Time	Location	Saturday & Sunday	Monday & Tuesday
9.30am-1pm	Lecture Hall 1	Forum & Orgyen Chowang Rinpoche The Power of Pristine Mind	Orgyen Chowang Rinpoche The Power of Pristine Mind
	Lecture Hall 2	Venerable Dr Buddharakkhita Being a Connoisseur of the Heart	Venerable Nissarano A Meditative Overview of the Buddha's Path
2.30pm-6pm	Lecture Hall 1	Dr Gidi Ifergan Emotions, Negations & Liberation through the teachings of Longchenpa	Dr Gidi Ifergan Emotions, Negations & Liberation through the teachings of Longchenpa
	Lecture Hall 2	Ekai Korematsu Osho On a Picture of a Painted Rice Cake (Gabyo)	Ekai Korematsu Osho Zen Mind, Beginners Mind

Dharma Tent
Kids Story and Colouring Hour at 1.30pm daily
Private Meditation 7am-1pm and 3pm-8pm daily

**Reserve your tickets and accommodation at www.buddhistsummerschool.org
Venue: Maitripa Centre 528 Myers Creek Road Healesville 3777**

HOW MUCH DOES IT COST?

- Half day pass: \$45
- Full day pass: \$85
- Full Summer School: \$300

Concessions apply. Please present ID at the box office upon arrival. Enter promotion code at checkout.
Seniors 10% (code: senior) – Members 10% (code: Member) – Students 30% (code: Student)

CATERING AND ACCOMMODATION

All meals available onsite for purchase at Dogen's cafe.
Accommodation available from \$44 per night.

TERMS AND CONDITIONS

*All courses are subject to change without notice at the discretion of the Summer School organisers.
Refund applications must be received in writing prior to 4 January 2018. Write to E-Vam Institute,
673 Lygon Street, Carlton North, 3054.
A \$5 non-refundable administration fee applies. Tickets are not exchangeable.*

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