



BUDDHIST SUMMER SCHOOL 2019

12-15 JANUARY

A rich tapestry of traditions has been woven by Asian cultures around the essence of the teachings of the Buddha, who lived 2,500 years ago. The enduring nature of Buddhism is symptomatic of its integrity as a spiritual discipline. Over the past several decades Westerners have begun to learn from and participate in the diversity and essence of Buddhism.

Over the 36 years since its founding, the annual Buddhist Summer School has become one of the foremost gatherings in Australia for Buddhists from various traditions to discuss and explore relevant topics, bringing insight and practical advice from each tradition. The 36th annual Buddhist Summer School will offer courses on Buddhist philosophy, practice and psychology by esteemed teachers.

Ph: 03 9387 0422 info@evaminstitute.org www.evaminstitute.org



OPENING FORUM

The opening forum is an opportunity to hear the Summer School speakers engage in discussion of one of life's big questions. There will be an opportunity for audience members to ask questions.

1 unit

9.30am-11am Saturday – Lecture Hall 1

PERSPECTIVES ON CONSCIOUSNESS AND DEATH

Jakob Leschly

The Buddha's insight into the nature of consciousness is founded on experience and rational insight, it is not founded on cultural practices or belief. In these sessions, we will look at:

- the premises for understanding something as elusive as consciousness;
- how we can understand the nature of death and rebirth; and
- what the ramifications of our view may be

2 units

Saturday & Sunday morning – Lecture Hall 1

VAJRAYANA AND PURE PERCEPTION

Jakob Leschly

The entire Buddhist path is premised on the possibility of eliminating the causes of suffering and uncovering a naturally perfect disposition of enlightenment. The Vajrayana asserts that this perfection is who we innately are, and that the path enables us to experience and manifest this perfection. In these sessions, we will look at the logical foundation for the Vajrayana view and practice, in relation to the teachings on the four noble truths, shunyata and buddha nature.

2 units

Monday & Tuesday morning – Lecture Hall 1

Jakob Leschly is a student of several great Buddhist teachers, particularly Dilgo Khyentse Rinpoche and Dzongsar Khyentse Rinpoche. Jakob has served as instructor in Siddhartha's Intent (SI) since 1998, and has lived in Australia since 2008. Jakob presently directs study and practice programs for SI Australia.

JAPANESE BRUSH CALLIGRAPHY (SHODO)

Jinesh Wilmot

In these workshops, Jinesh Wilmot will introduce the 'brush way' or Shodo – Japanese Brush Calligraphy. Using a mindful approach, you will learn to write some of the basic Chinese & Japanese characters (Kanji) using brush and ink (Sumi); exploring the three forms of writing, known in Japanese as Kaisho, Gyosho and Soshu. Participants will select Japanese-Chinese character examples of their choice to practice with. During the workshop, time will be allocated for sitting and walking meditation.

No previous experience of brush calligraphy is necessary, only the desire to explore this beautiful and expressive way of writing. All materials (brush, ink and paper) will be supplied.

2 units

Saturday & Sunday morning – Lecture Hall 2

Jinesh Wilmot's journey with Japanese brush calligraphy (Shodo) began almost thirty years ago. At the time he began studying Zen, Jinesh felt that, coming from an arts related background, it would be beneficial to study an art form related to Zen; he chose Japanese brush calligraphy (Shodo). From the very first lesson, after experiencing the beauty and immediacy of the form and smelling the distinctive fragrance of the pine-soot ink, he knew he was 'hooked'. Jinesh currently holds the rank of 6th dan in Shodo, and has been awarded the title of 'Jun Shihan' (Associate-Master level). Jinesh has been a student of Ekai Korematsu Osho since 1998 and a member of Jikishoan Zen Buddhist Community since 1999.

PURSUING AN INTEGRATED LIFE

Traleq Khandro

Traleq Kyabgon Rinpoche the Ninth's teachings on Integral Buddhism encouraged practitioners to bring all aspects of oneself onto the spiritual path. As Rinpoche stated:

'The basic point at the core of the philosophy of Integral Buddhism is the idea that whatever is useful for our growth, for our human prosperity, is something that we need to pursue, no matter what it is.'

Over two days, Traleg Khandro will teach on Traleg Kyabgon Rinpoche's *Integral Buddhism: Developing all Aspects of one's Personhood*. Khandro-la will explore questions that we may ask ourselves such as:

- As Buddhists, why should we seek to integrate Buddhist philosophy into our lives? and
- Is there any aspect of ourselves that doesn't belong on the spiritual path?

The sessions will also include:

- guided meditation & visualisation exercises
- gentle Pranayama exercises

2 units

Saturday & Sunday afternoon – Lecture Hall 1

MAHAMUDRA – THE PSYCHOLOGY OF MEDITATION

Traleq Khandro

Over two days, Khandro-la will present the Mahamudra approach to shamatha and vipassana meditation, as based on the teachings of Traleg Kyabgon Rinpoche the 9th.

Aspects of meditation experience that will be explored include the similarities and differences of the settled mind and the agitated mind, and how one can work with these different states of mind in meditation. A similar explorative process will be used for other more

specific experiences such as discomfort, excessive desire and disturbing emotions. These traditional meditation techniques are designed to help integrate all aspects of ones self onto the spiritual path. They are also designed to help us recognise that the changing states of mind we experience can be seen as ‘creative expressions of the mind’, rather than seeing them as disturbances or unacceptable states of mind. The sessions will also include guided meditation and visualisation exercises, as well as gentle pranayama exercises.

Reference book for this course:

Moonbeams Of Mahamudra by Traleg Kyabgon.

2 units

Monday & Tuesday afternoon – Lecture Hall 1

Traleg Khandro, long-time student and wife to the late Traleg Kyabgon Rinpoche IX, is the President of E-Vam Buddhist Institute USA, and the Director of Rinpoche’s publishing arm, Shogam Publications. Khandro studied Buddhism under Traleg Rinpoche’s guidance for 30 years and has undertaken numerous long meditation retreats. At Rinpoche’s request, Khandro received traditional LuJong (Tibetan Yoga) training and is a qualified Hatha Yoga instructor. Khandro gives teachings on Buddhism and LuJong in Australia, New Zealand, Europe, United States and South East Asia. Khandro has a degree in Psychology.

ON TAKING REFUGE IN THE TREASURES OF BUDDHA, DHARMA AND SANGHA (KIE BUPPOSO)

Ekai Korematsu Osho

2 units

Saturday & Sunday afternoon – Lecture Hall 2

Ekai Korematsu Osho is the main teacher and Director of Jikishoan’s Training and Buddhist Studies Program. Born in Japan in 1948, he studied humanities and Buddhism in Denmark and the USA. He was ordained as a monk by Kobun Chino Roshi at Haiku Zendo, Los Altos, in 1976. He received dharma transmission from Ikko Narasaki Roshi at Zuioji Monastery in 1986. His formal training was twelve years at three monasteries, Eihei-ji, Zuioji and Shogoji. His Buddhist education is through Soto Zen Buddhism. Ekai Osho has been serving as Abbot and Resident Teacher of Jikishoan Zen Buddhist Community in Melbourne since its inception in 1999.

THE SIDDHARTHA ROAD

Ajahn Susara

In ‘The Siddhartha Road’, Ajahn Susara will discuss key elements of the Buddha’s teachings, presenting this eastern wisdom from a modern point of view.

1. Essential Dharma – covering the key points of Buddhist philosophy and teachings.
2. Free will & karma – the importance of taking responsibility in ones life in light of the law of karma.

3. Mindful Meditation – introducing vipassana or insight meditation and using mindfulness to understand the workings of our minds.
4. Rising Consciousness – talking about the real aim of Buddhism and any spiritual practice, the expansion of consciousness, gaining wisdom, peace, independence and liberation.

The sessions will include meditation practice.

2 units

Monday & Tuesday morning – Lecture Hall 2

Ajahn Susara was born in Graz, Austria. Ordained as a Theravada Buddhist Monk in Sri Lanka, Ajahn trained in Buddhism and meditation at the Meetirigala Forest Hermitage under Ven. K. Nyanananda. A Monk for more than 25 years, Ajahn teaches meditation and Buddhadharma in Asia, Europe and Australia.

ZEN MIND, BEGINNER’S MIND

Hannah Forsyth

In these sessions, you will learn the Basic Postures of Zen practice as presented by Shudo Hannah Forsyth. The classical text by Shunryu Suzuki, ‘Zen Mind, Beginners Mind’ will be used to discuss and illustrate the essential practices of bowing, sitting and walking.

2 units

Monday & Tuesday afternoon – Lecture Hall 2

Shudo Hannah Forsyth has been a student of Ekai Korematsu Osho’s since 1999. Hannah took Lay ordination with Ekai Ohso in 2003 and has been Ekai Osho’s Attendant (Jisha) since 2004. Hannah was Jikishoan’s Head Student (Shuso) in their first Practice Period in 2003 and is currently completing a three year Assistant Teacher training with Ekai Osho in the Soto Zen tradition.



Time	Location	Saturday & Sunday	Monday & Tuesday
9.30am-1pm	Lecture Hall 1	Forum & Consciousness & Death Jakob Leschly	Vajrayana & Pure Perception Jakob Leschly
	Lecture Hall 2	Japanese Brush Calligraphy (Shodo) Jinesh Wilmot	The Siddhartha Road Ven. Ajahn Susara
2.30pm-6pm	Lecture Hall 1	Pursuing an Integrated Life Traleg Khandro	Mahamudra: The Psychology of Meditation Traleg Khandro
	Lecture Hall 2	On taking Refuge in the Treasures of Buddha, Dharma and Sangha (Kie Bupposo) Ekai Korematsu Osho	Zen Mind, Beginners Mind Hannah Forsyth

Dharma Tent
 Bodhi Kids 1:30pm-2:30pm daily
 Private Meditation 7am-1pm and 3pm-8pm daily

**Reserve your tickets and accommodation at www.trybooking.com/YPEJ
 Venue: Maitripa Centre 528 Myers Creek Road Healesville 3777**

HOW MUCH DOES IT COST?

- Half day pass: \$45
- Full day pass: \$85
- Full Summer School: \$300

Concessions apply. Please present ID at the box office upon arrival. Enter promotion code at checkout.
 Seniors 10% (code: senior) – Members 10% (code: Member) – Students 30% (code: Student)

CATERING AND ACCOMMODATION

All meals available onsite for purchase.
 Accommodation available from \$44 per night.

TERMS AND CONDITIONS

All courses are subject to change without notice at the discretion of the organiser.

Refund applications must be received in writing prior to 7 January 2019.

Email: info@evaminstitute.org

A \$5 non-refundable administration fee applies. Tickets are not exchangeable.

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